

**Tara Sager, Ph.D., PMH-C**

Licensed Clinical Psychologist  
Perinatal Mental Health Certified  
NJ License #: 35SI00593700  
NY License #: 022020

**Authorization to Release/Exchange Information**

I, \_\_\_\_\_, hereby authorize Dr. Tara Sager to:

\_\_\_\_\_ release information to: \_\_\_\_\_ obtain information from:

Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Phone number: \_\_\_\_\_

Fax number: \_\_\_\_\_

for the purpose of (e.g., treatment planning, continuing treatment, determination of benefits, etc.)

\_\_\_\_\_  
\_\_\_\_\_

Specific Information that will be released (e.g., entire record, treatment summary):

\_\_\_\_\_  
\_\_\_\_\_

Expiration Date of Release\*: \_\_\_\_\_

\*Unless a date is specified, this authorization will remain in effect for one year from the date below.

**Client Information:**

Name (please print): \_\_\_\_\_ Phone number: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Social Security number: \_\_\_\_\_

Your relationship to the client: \_\_\_\_\_ Self \_\_\_\_\_ Parent/legal guardian \_\_\_\_\_ Other: \_\_\_\_\_

If you are a legal guardian or representative appointed by court, please attach a copy of the authorization to receive this protected health information.

I understand that this authorization is voluntary, and I have had an opportunity to discuss any consequences and implications arising from releasing protected health information. I understand that if any records or information is released to a non-health care provider or insurer, federal and state privacy laws and regulations may not protect their confidentiality. I understand that I may revoke this consent at any time in writing by giving notice to Dr. Tara Sager and the recipient named above. I hereby release Dr. Tara Sager from any legal liability resulting from exchanging this information.

**Signatures**

Client signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent/guardian signature (if applicable) \_\_\_\_\_

Date: \_\_\_\_\_

Witness signature: \_\_\_\_\_

Date: \_\_\_\_\_